# **Employment Opportunity**

DAKELH PRINARY CARE SOCIETY DAO21 WELLNESS CENTRE

Dadzi Wellness Centre Dakelh Primary Care Society PO Box 1697, 160 Stuart Drive, West Fort St. James, V0J 1P0 JOB OPPORTUNITY: Wellness Navigator

The Dakelh Primary Care Society is one that respects the cultural values and practices that are integral to Indigenous identities and wellness. We are committed to a proactive holistic approach to health and wellness, and to the delivery of services which are sustainable and honour the customs and traditions of the Binche, Nak'azdli and Tl'azt'en communities near Fort St. James, BC.

#### **POSITION SUMMARY**

The Wellness Navigator works with individuals and families including those living with chronic conditions, to help advance their health and wellness across the full spectrum of the health and social system through access to services, wellness planning and increasing health literacy. The role also helps to facilitate a person-centered and holistic approach to health and wellness journeys, including health and social systems mapping. The role collaborates with the health partners, community service organizations, and Nations as part of a network that is supported by joint planning and regular meetings.

## PRINCIPAL DUTIES AND RESPONSIBILITIES

- 1. Models' cultural safety, humility, relational practice and a trauma-informed
- 2. Leads the mapping of the local, regional and provincial health and social systems that are important for improving the health and wellness outcomes for First Nations people, including those living with chronic conditions
- 3. Works with individuals and families to advance access to health and wellness services, and empowering health and wellness by championing the concept of developing individual health and wellness planning
- 4. Supports the development of health literacy work plan including providing tools and support for each client to have an individual health and wellness plan
- 5. Develops, recommends and implements the Centre's practices and procedures to improve access to health care and a wide array of health and wellness programs, services and facilities
- 6. Supports the facilitation of a person-centered and holistic approach to health and wellness journeys to improve the healthcare experience of Indigenous patients within the hospital system, including anti-racism, cultural safety, family support, advocacy, spiritual care, community liaison, etc.
- 7. Develops partnerships with community health and wellness service providers and local health care providers in offering spiritual, mental, emotional and physical wellness of community members, and improve transitions in care and access to appropriate primary health care and public health services
- 8. Links people with the appropriate primary health care, wellness and public health services
- 9. Promotes independence, develops individual health and wellness plans with clients, and advocates for community wellness to address the social determinants of health that affect Indigenous people
- 10. Collaborates with local community health, wellness and social services organizations and partners targeting a range of health promotion and disease prevention activities operating at the community level in the region

- 11. Strengthens partnerships and increases collaborative action in partnership with the local, regional community wellness workers
- 12. Provides information pertaining to outcomes, goals, and regular updates on the work in the Centre and its impact on clients, community members and the effectiveness of the role
- 13. Establishes adequate systems and processes to ensure service continuity in the area of health and wellness to the clients and communities at all times
- 14. Performs other related duties as assigned

## JOB SPECIFICATIONS

#### Education

• Bachelor's degree in a relevant field or an equivalent combination of education and experience

## **Occupational Certification**

• First aid level 1 (with CPR), Hep B shot, and flu vaccine

#### Experience

- Significant, recent and relevant experience (usually acquired over a period of 5-7 years)
- Experience in the regional health authority systems/services/services, and in particular working with First Nations individuals, communities or organizations on issues related to health and wellness
- Experience supporting the coordination of patient care for a wide range of health issues including chronic care
- Experience in the mapping of health and/or social systems and assets
- Experience in the development and approval of individual health and wellness plans, including for those living with chronic conditions

#### Knowledge

- In-depth knowledge of the BC health care system, and the current landscape of First Nations health in BC
- In-depth knowledge of Aboriginal/First Nations health and wellness system needs
- Thorough understanding of person-centered care to provide holistic, integrated, coordinated, and highquality care that respects diversity and culture
- Vast understanding of community, public, and primary health care systems
- Trauma informed practice
- Motivational interviewing

# Competencies

- Awareness Thorough knowledge of the current First Nations health governance and health systems landscape in BC.
- Leadership –Influencing, motivating, and inspiring others through direct and indirect means to accomplish organizational objectives including people and partnership development in a manner consistent with the 7 Directives, Shared Values, and Wellness Operating Principles. Able to champion change, in partnership with others, by living the First Nations perspective of health and wellness.
- **Decision making** Uses sound judgment to make good decisions based on information gathered and analyzed. Considers all pertinent facts and alternatives before deciding on the most appropriate action. Commits to decision.
- **Problem solving** Analyzes problem by gathering and organizing all relevant information. Identifies cause and effect relationships. Comes up with appropriate solutions with minimal supervision.
- Teamwork/collaboration Strong interpersonal skills. Interacts with people effectively. Able and

willing to share and receive information. Collaborates within the group and across groups. Supports group decisions. Puts group goals ahead of own goals.

- Adaptability Adapts to changing work environments, work priorities and organizational needs. Able to effectively deal with change and diverse people.
- **Planning/Organizing** Proactively plans and organizes tasks and work responsibilities to achieve objectives. Sets priorities and schedules activities. Allocates and uses resources properly.
- Work standards Sets and maintains high professional and performance standards. Pays close attention to detail, accuracy and quality and ensures follow through.
- **Motivation** Displays energy and enthusiasm in approaching the job. Commits to putting in additional effort. Maintains a high level of productivity. Self-directed.
- Initiative Takes action to influence events. Generates ideas for improvement, takes advantage of opportunities, suggests innovations, does more than required.
- **Integrity** Shares complete and accurate information. Maintains confidentiality of highly sensitive information. Adheres to organizational policies and procedures. Meets own commitments.
- **Reliability** Takes personal responsibility for job performance. Completes work in a timely and consistent manner. Sticks to commitments and reports back on status of assigned tasks.
- **Communication** Strong written and oral communication skills. Expresses ideas succinctly and effectively. Organizes and delivers information appropriately. Listens actively.
- **Stress tolerance** Displays emotional resilience and the ability to withstand pressure on an on-going basis. Deals with difficult situations while maintaining performance and professionalism. Seeks support from others when necessary. Uses appropriate coping techniques.
- Physical ability to perform the duties of the position

## Salary Range: \$53,000 - \$72,727

#### How to Apply

Interested parties should submit a cover letter and resumé to Carrie Nash, Operation Director <u>operations.director@dakelhwellness.ca</u>

# Closing date: October 25,2024

Fort St. James is a well-established, vibrant BC community on the scenic shores of Stuart Lake (Nak'albun). The town's residents are diverse and welcoming. Vanderhoof and Prince George are easily within reach by vehicle. A founding principle of this Centre is that there be no barriers to care. <u>FSJ-Brochure-v5.pdf</u> (fortstjameschamber.ca)

Only candidates selected for interviews will be contacted.